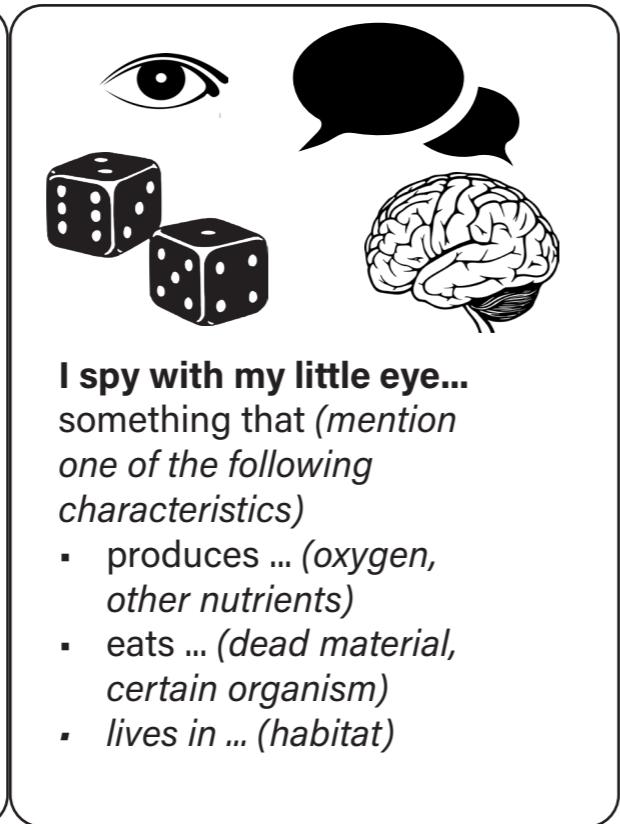


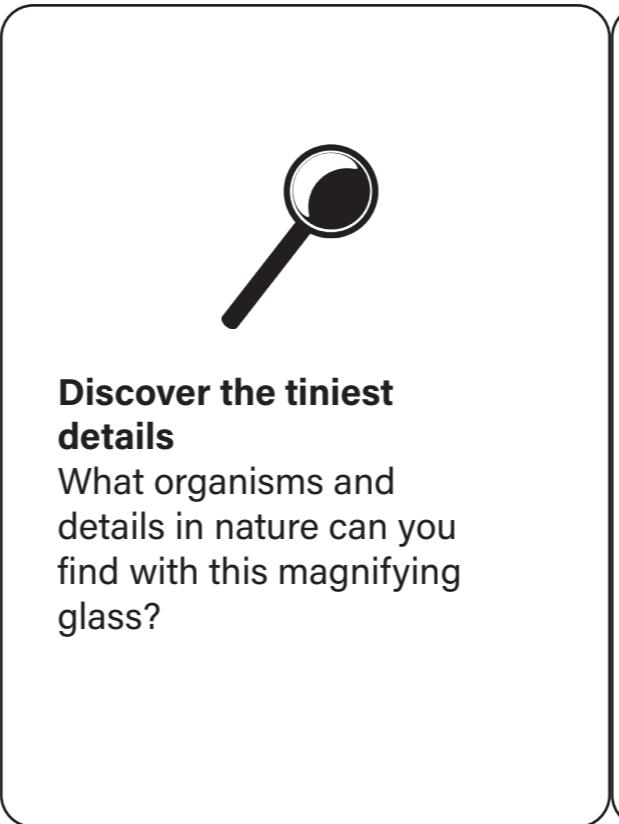
Be in the moment

- What are you touching?
- What are you smelling?
- What are you hearing?
- What are you seeing?
- How are these perceptions connected?
- How do you feel in relation to your environment?



I spy with my little eye... something that (mention one of the following characteristics)

- produces ... (oxygen, other nutrients)
- eats ... (dead material, certain organism)
- lives in ... (habitat)

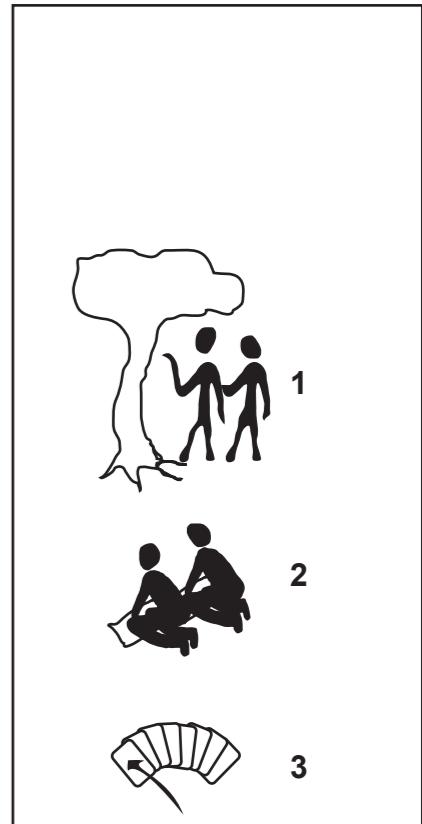


Discover the tiniest details

What organisms and details in nature can you find with this magnifying glass?



Collect what inspires you and what you find beautiful in pockets.

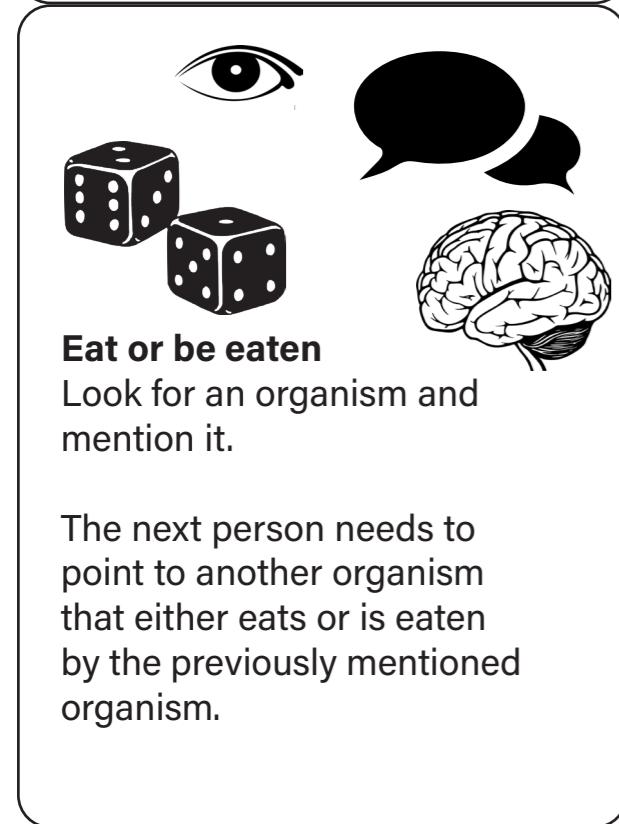


1

2

3

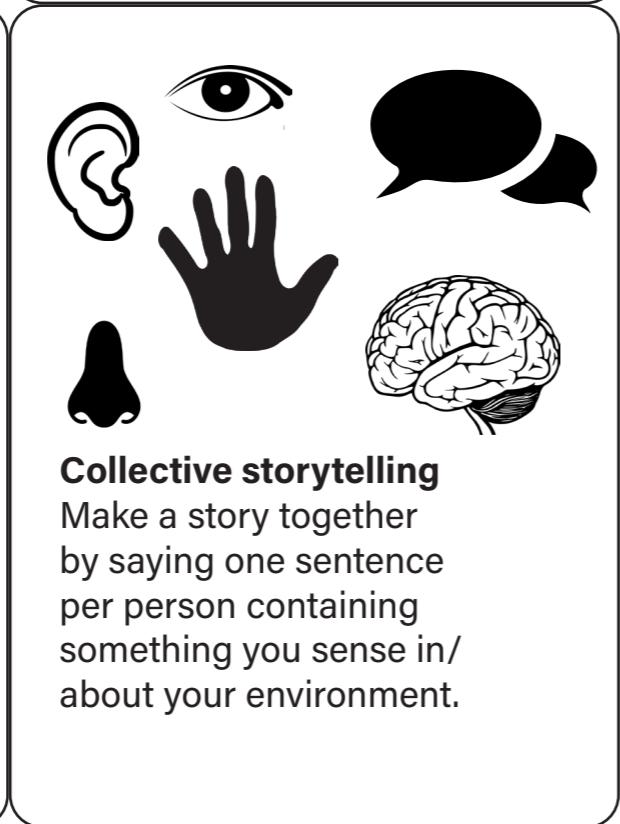
4



Eat or be eaten

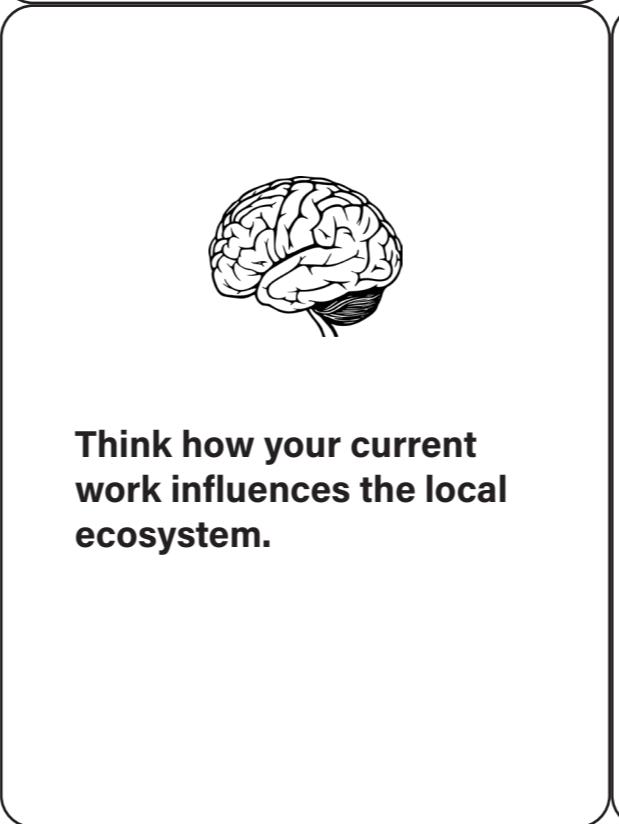
Look for an organism and mention it.

The next person needs to point to another organism that either eats or is eaten by the previously mentioned organism.

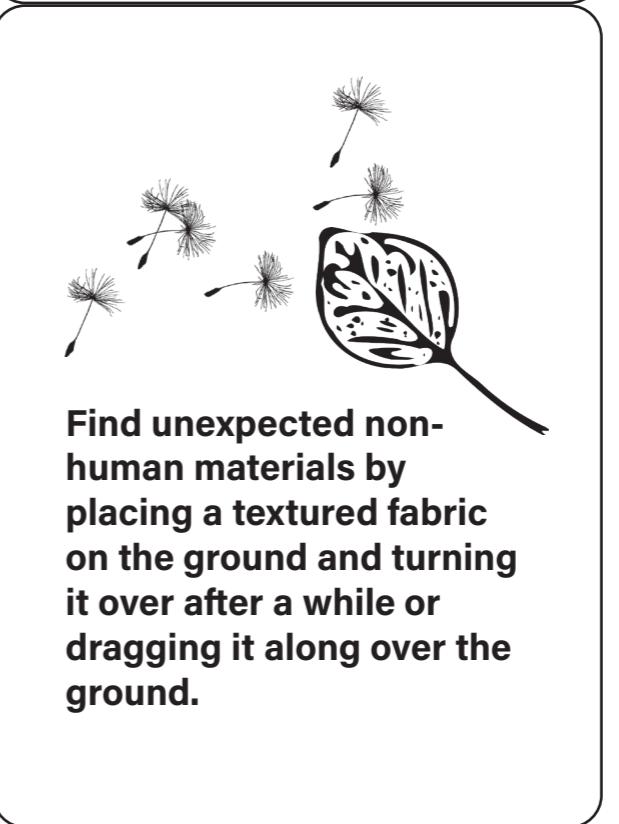


Collective storytelling

Make a story together by saying one sentence per person containing something you sense in/about your environment.



Think how your current work influences the local ecosystem.



Find unexpected non-human materials by placing a textured fabric on the ground and turning it over after a while or dragging it along over the ground.

How to share non-human appreciation in this workshop:

needed materials:

- small heavy textured light coloured towel
- this set of 8 cards
- magnifying glass

Do this workshop in duos or small groups.

Step 1: Form a duo and find your spot
 Step 2: Spread your towel & kneel
 Step 3: Pick a card & do the activity
 Step 4: Reflect & share:

- How did you interact with the ecosystem?
- How do you relate to it?
- How can you help it (indirectly)?